

MA'AHANI SPICY LEBANESE SAUSAGES WITH MINT AND PINE NUTS

Makes about 24 small sausages

I like to make these sausages without skins but you can also use natural casings.

It is best to ask your butcher to mince a lamb shoulder for you because you want a little bit of fat but not as much as is present in pre-minced lamb.

If possible make the mixture the day before to let the flavours mellow.

1 teaspoon EACH:

cinnamon ginger sweet paprika nutmeg black pepper salt, heaped

½ teaspoon EACH: sumac cloves

600 g minced lamb shoulder

4 cup lemon juice

30 g pine nuts

4 tbsp shredded fresh mint
olive oil for frying
lemon juice, extra

Stir all the spices together. Add to the minced lamb with the lemon juice. Mix very thoroughly. Stir in the pine nuts, mint and mix again. Test fry a small amount and taste. Cover and refrigerate if possible overnight.

Wet your hands with water and shape into small torpedo shapes, about 35 g each.
Heat the oil and cook the sausages until golden. Spritz with lemon juice.
Serve with extra mint, bread and lemon wedges.